

H&H Weekly Rotating Menu Items For The Allen Institute

Hot Entree Menu Item

Week 1 (1st-4th)

Beef Bourguignon: Red wine braised beef with roasted root vegetables served on cheesy polenta.

Week 2 (7th-11th)

Grilled Chicken Fajitas: Grilled chicken, roast peppers, onions and garlic served with corn tortillas and house refried beans.

Week 3 (14th-18th)

Baked Eggplant Lasagna: House made Pomodoro sauce layered between eggplant, fresh mozzarella and parmesan.

Week 4 (21nd-25th)

Lemon Butter Salmon: Sous Vide lemon butter salmon with wild rice & sauteed garlic spinach.

Week 5 (28th-30th)

Korean BBQ Pork: Korean chili marinated pork shoulder with organic quinoa and Kimchi cucumber.

Specialty Menu Item

Week 1 (1st-4th)

Chicken Chimichurri Sandwich: Grilled chicken, house made chimichurri sauce, swiss cheese, romaine with house aioli on freshly baked baguette.

Week 2 (7th-11th)

Buffalo Chicken Salad: Crispy fried chicken tossed in house made fermented buffalo sauce, shaved carrot and celery, blue cheese crumbles with blue cheese dressing on romaine.

Week 3 (14th-18th)

Beef Brisket Shawarma Wrap: Curry Beef Brisket with Hummus, feta, shaved cucumber, tomato & house tahini dressing with mixed greens in whole wheat tortilla.

Week 4 (21nd-25th)

Hot Italian Sandwich: Salami, mortadella, spicy gardeniera, provolone, house aioli, green leaf lettuce on ciabatta roll.

Week 5 (28th-30th)

Vietnamese Style Salad: Vietnamese chicken, charred cabbage, rice wine pickled carrot, bean sprouts and crushed nut furikake with black garlic vinaigrette on romaine lettuce

Composed Salad

Week 1 (1st-4th)

Grain salad: Farro with shaved radish, arugula, parmesan with creamy tomato dressing.

Week 2 (7th-11th)

Potato salad: Roast Potato, shaved celery, scallions, creamy buttermilk dressing.

Week 3 (14th-18th)

Pasta salad: Roma tomato, cucumber, pickled red onion, parmesan with basil pesto.

Week 4 (21nd-24th)

Asian Slaw: Shaved cabbage, carrot, charred broccoli, scallion and cilantro with sesame vinaigrette

Week 5 (28th-30th)

Grain salad: Couscous, spinach, apple, walnuts with red wine vinaigrette.